

High School Award Structure

Awards: Championship Races T-shirts to the top 15 individuals
 Medals to the top 30 individuals
 Plaques to the top 3 teams
 Travel bag to the coach of the top 3 teams

Varsity Races T-shirts to the top 10 individuals
 Medals to the top 25 individuals
 Plaques to the top 3 teams

Junior Varsity Races Medals to the top 25 individuals
 Plaques to the top 3 teams

Freshmen Races Medals to the top 25 individuals
 Plaques to the top 3 teams

PLUS Travel bags to the All-Star Teams
 (5 runners from Championship plus any Varsity
 runner with an equal or faster time)

ALSO Special awards to the top male and female
 finishers, individually and team, from RI

ALSO Special awards to the team with the best total time
 of the top 5 boys and top 5 girls from the same
 school (from varsity or championship races)

Middle School Award Structure

All Races

Awards to the top 25 individuals.

Awards to the top 3 teams.

Individual awards for the places 6-25 in each race will be distributed in the chute.

The top 5 individual awards and all team awards will be presented on the awards platform.

5K Trail Run

Overall Top 3 Men and Top 3 Women.

Top 3 for the following categories for men and women:

Age 40-49

Age 50-59

Age 60 & over